

THE PALACE SERVANT - PART V

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THE SCIENCE BEHIND Soyabeans: A Deep Dive (part 1)

THE POWER OF CHOICES: WHY IS IT IMPORTANT TO TEACH CHILDREN ABOUT MONEY?

MEETING MANAGEMENT: HOW TO STRUCTURE & LEAD MEETINGS EFFECTIVELY







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THE SCIENCE BEHIND SOYABEANS: A DEEP DIVE - PART 1



the Soya belongs to legume family. It is a shortday crop, which requires short days for flowering. The crop is one of the most important sources of oil and protein and is commonly used in both human and animal nutrition.

Soybeans

approximately 40% protein and 20% oil on a dry matter basis. Although the oil is primarily used in edible products such as margarine and cooking oil, it is also used in products like high-grade paints and pharmaceuticals.

It can also be processed into soybean flour and soybean milk. The soybean meal left after oil extraction is mainly used as a highprotein livestock feed.

the soybean crop rotation with cereals to improve soil fertility. While grown soybean is throughout the country, major production areas are concentrated in agro ecological Region II of Lusaka and Central Provinces, and parts of contain agro ecological Region III of Copperbelt Province.

Climatic and Soil **Requirements:**

• Climate: require medium amounts of rainfall. In Zambia, Region II is the most suitable with a rainfall range of 800-1000 mm annually. The optimum temperature range for soybeans growth and development is 22-35 C. Very low temperatures,

in may form when the soil are encouraged to use little dries affecting emergence. The soil pH range of 5.5-7 is ideal for optimal soybean production. If the pH is below 5, then lime could be applied. Application of lime will not only benefit soybean production but subsequent crops.

 Recommended Varieties: Variety selection is one of the most important choices when cultivating soybeans. A crucial element in producing soybeans profitably is variety selection. When choosing varieties, a number of traits need to be taken into account. including disease resistance, maturity, lodging, yield potential, promiscuity. and

or zero tillage.

• Planting: In Zambia, providing effective weed soybeans should be planted within the month of December. Delayed planting can result in a yield by as much as 30%, decrease in potential yield, whereas planting effective of very early can lead to management. poor seedling establishment. In In herbicides, use of planting Region II, adopted primarily should be done in the first two weeks of December. In Region III, these it should be done in the Herbicides, if last two weeks of December. However, as a safety measure against certain weeds in soybeans. germination, low Important factors а slightly high seed rate is normally recommended herbicide include: i.e. farmers can use a 1) type of weeds present, rate of 110kg/ha. The 2) stage of crop and weed ideal planting depth growth, 3) herbicide should be between 2.5 persistence and crop rotation and 3 cm. lt is restrictions, 4) environmental recommended that soybeans are planted in considerations, and 5) rows using drilling. The herbicide costs. It is highly optimum row spacing recommended for farmers should be between 45 utilize commercially to available herbicides for and 70cm. Weed Control: Soybeans weed control in soybeans are very competitive with and meticulously adhere to weeds once the crop manufacturer's the develops a canopy, but early optimal instructions for emerging weeds can cause results. serious problems. In most cases, weeding can be To be continued.... repeated 2-3

times before the shade the narrow rows from suppresses later weeds, control. It's crucial to note that poor weeding practices can lead to a reduction in highlighting the importance weed Chemical control, which involves the is by farmers who have the financial capacity to afford chemicals. used properly, are a safe and effective method to control consider when choosing a

It can also be refined to produce protein extracts for direct human consumption. In Zambia, soybean is grown by both commercial and small-scale farmers. Besides its uses given above, soybean contributes to improving the fertility of the soil. The crop enriches the soil with nitrogen from the air with the help of Rhizobium bacteria in its root nodules.

It is recommended to grow

especially during flowering, will reduce the oil content and yield.

• Soil Types Soybean: is well adapted to a variety of soils types. However, loose, deep and well-drained soils are ideal for optimum production. soybean But clay soils and compacted soils should be avoided. These soils are prone to waterlogging. Further, a hard crust surface

Common varieties are; Magoye, Kaleya, and Lukanga.

Management Practices:

 Land **Preparation:** Land preparation can be started with winter ploughing which can be done in May-August. Farmers can also use conservation tillage by laying rip lines and digging basins. Farmers who have access to the necessary equipment



ARTICLE



THE PALACE SERVANT - PART V

By Macphersson Mutale



The moon hung low over the kingdom, its light casting long, eerie shadows across the palace grounds. Despite the council's defeat, an unsettling air of unease lingered. Mushipe knew Chibwe's arrest was only the beginning; the rot ran deeper than one man.

Days turned into weeks, and Mushipe, Mukasa, and Mwansa worked tirelessly to strengthen their position. Kabaso began implementing reforms, aiming to dismantle the old power structures that had allowed corruption to fester. But the council, though weakened, was far from defeated. They retreated to the edges of the kingdom, rallying dissenting nobles to their cause.

his small hands clutching a wooden toy.

"Uncle Mushipe," he began hesitantly, "why do they hate me? I didn't choose this."

Mushipe knelt to meet the boy's gaze. "They don't hate you, Bupe. They fear you. Fear makes people do terrible things. But remember this: you have the heart of a king and the love of your family. That's stronger than their fear."

for the crackling of the torches. Kabaso's jaw tightened. "How long do we have?"

"Two days, at most," the messenger replied. Mukasa was the first to speak. "We can't face them in open battle. The palace guards are outnumbered, and the villagers are untrained." Mwansa stepped forward, her voice calm and steady. "Then we must outthink them. Let them

By the time the enemy forces matters." arrived, the kingdom was ready.

As dawn broke, the loyalists charged, their war cries echoing across the plains. But That evening, as the palace the villagers, hiding in the hills, launched a surprise attack, raining stones and arrows upon the advancing army. Traps lined the main road, halting their progress and scattering their ranks. Mushipe and Mukasa led a small force to the enemy's rear, cutting off their retreat.

The crowd erupted in cheers, their faith in the throne restored.

celebrated, Mushipe found himself alone on the same balcony where he had once planned his escape. Mukasa joined him, her face weary but triumphant.

"You did it," she said softly. "We all did." Mushipe smiled, though his eyes remained distant. "The battle is won, but the war is far from over. Bupe's path won't be easy. Neither will ours."

Bupe, too, was not untouched by the events. His once-carefree laughter grew quieter, replaced by questions about the burden he now bore. One evening, he approached Mushipe,

Bupe nodded solemnly, but Mushipe saw the weight of responsibility settling on his young shoulders.

One evening, as Kabaso held court, a messenger burst into the hall, breathless and pale.

"My king," he gasped, "the council's loyalists have amassed an army. They march toward the palace, their numbers growing by the hour."

The room fell silent, save

underestimate us, and we'll use the terrain to our advantage."

Over the next two days, the palace became a hive of activity. Mwansa worked with the villagers to craft traps and fortify key points around the palace. Mukasa coordinated with the guards, ensuring they knew the plan. Mushipe took to the villages once more, rallying those who had suffered under the council's oppression.

In the chaos, Chibwe's remaining allies were captured or fled.

When the dust settled, the palace stood unscathed. Kabaso addressed the kingdom from the palace balcony, his voice carrying across the crowd.

"Today, we have shown that unity is stronger than fear. This victory belongs to all of us-villagers, nobles, servants, and soldiers. Together, we will build a kingdom where every voice

Mukasa placed a hand on his shoulder. "We'll face it together. Like we always have."

As the two stood in silence, watching the stars, Mushipe allowed himself a rare moment of hope. For the first time, the palace felt like more than a prison—it felt like a home.

To Be Continued...





THE POWER OF CHOICES: WHY IS IT IMPORTANT TO TEACH CHILDREN ABOUT MONEY?



Although it may seem like a daunting task, teaching children about money is essential to ensuring that they will be able to handle their finances responsibly in the future.

Teaching kids about money – why is it so important?

It's important to think about how best we can pass on money skills to our children at an early stage.

1. Encourage children to count coins:

One of the hardest things to convey when beginning to teach kids about money is the value of coins. With some coins looking similar to unfamiliar eyes, think the 50ngwee (copper) and K1 (silver), it is important to make sure your child has grasped the basic concept of what each coin is worth. to start with:

Step 1: Gather lots of coins together with your child (50n, K1)

Step 2: Choose an amount of money you are going to make using all of the denominations of coins available (we recommend K5 to keep the number of coins needed to a minimum)

Step 3: Show (or let your child work out) how many of each coin is needed to make the desired amount. E.G you will need ten 50ngwee coins to make K5, five K1 coins to make K5 etc.

Step 4: Let your child visualise the values of the coins. To reinforce the concept, ask them to try building their own piles.

budget. However, many children have not yet learned the concept of understanding the cost of things.

To help overcome this, take your child shopping and show them the cost of different items. When at the shop, parents should involve them in decisions and explain their choices. Ensure you bring cash for the shopping trip to involve your child in understanding transactions. Allow them to count the money and hand it to the cashier, encouraging them to think about the spending process. Request them to check the change afterward to help them become familiar with the mental calculations involved.

allowance, or pocket money, is common in many homes, you could consider giving your child a commission instead. By doing this, instead of simply giving them money for no real reason, you will be paying them for the chores they do around the house like cleaning their bedroom. vacuuming and washing the dishes.

This approach helps them realize that money is earned instead of simply given to them, which is a good mindset for children to adopt early in life.

4. Help Them Set a Budget

You can do this for your kids at any time during their childhood when they have their own money from an allowance or from birthday or holiday gifts.

This practice is especially valuable when they start earning a steady income either with part-time work during their school years or their first fulltime job. Making a budget can be simple; there are only a handful of basics involved in how to make a budget. Using a simple spreadsheet to itemize income and expenses can encourage healthy financial habits.

Additionally, there are plenty of budgeting apps that make managing those two columns easy for your mobile-phonesavvy children to follow.

The sooner kids learn how to use a budget to manage their money, the better prepared they'll be to plan for their future, save for significant purchases in adulthood, allocate funds for emergencies, and avoid the credit-card debt spirals that can ruin lives.

Conclusion

Teaching children about money equips them with the knowledge and skills they need to manage their money effectively now and in the future.

If you are wondering how to teach your child the value of money then you will be pleased to hear that there are a number of things you can do. The most simple of which involves laying out all denominations of coins and talking your child through each one and its value.

If however you are looking for a simple money game for your child, the following is a good one

2. Go shopping together:

Teaching kids about money should involve giving them an idea of how much things cost, as this can definitely be an issue when you are out shopping with your child. As adults, we know that expensive items are treats because we have years of experience balancing the

All of this should help them begin to realise that whilst **money = items** when in a shop, different amounts of money means you can buy different amounts of items. Sometimes teaching kids about money means going back to basics to ensure key concepts are grasped.

3. Give your child a commission:

While the giving of an

Children who do better with money tend to have parents/carers who talk to them about money and give them responsibility for spending and saving from an early age.



MEETING MANAGEMENT: HOW TO STRUCTURE & LEAD MEETINGS EFFECTIVELY



Are you looking to improve your meeting management skills? Perhaps you are struggling to achieve your meeting objectives effectively.

Properly managing and leading effective meetings doesn't have to be difficult. In this guide, we'll go over the key principles and best practices of meeting management, along with tips on how to structure and lead meetings effectively.

What makes a meeting effective?

A successful meeting is one that achieves its objectives efficiently, fosters collaboration, and leaves participants with actionable outcomes. Clarity of purpose, active engagement, effective time management, and clear takeaways are the key features of a successful meeting. Before exploring meeting management best practices, let's first understand what makes meetings effective. meeting. Prior to scheduling a meeting, it's essential to ponder: What is our end goal? What specific results do we aspire to attain? Communicating these goals to participants not only sets expectations but also ensures that everyone is on the same page from the start, fostering a productive and cohesive meeting environment. When attendees grasp the 'why' behind the meeting, they are more inclined to actively engage, share valuable insights, and drive meaningful outcomes.

• Thoughtful Preparation: Effective meetings require careful preparation from both organizers and participants. Organizers should create a wellstructured agenda that Encourage participants to come prepared by sharing specific materials, such as agendas or pre-reading materials, ahead of time. When participants are wellprepared, the meeting can stay focused and on track, allowing everyone to dive into the discussion effectively. Create an inclusive environment where everyone feels comfortable sharing their thoughts and ideas to promote active participation. A successful meeting welcomes diverse perspectives and encourages open dialogue.

Effective Time
Management: Time is a
valuable resource, and
wasting it in unproductive
meetings can be costly.
Effective meeting
management involves setting

what happens afterward. Make sure each meeting concludes with clear takeaways and action items. Assign responsibilities and set deadlines to ensure progress. A follow-up mechanism, whether it's meeting minutes, shared notes, or a project management tool, helps track progress and holds everyone accountable.

• Continuous Improvement: Successful meeting management is an ongoing and continuous process of improvement. Regularly solicit feedback from participants to understand what's working well and what can be enhanced. Utilize this feedback to refine your meeting practices, thereby creating a culture of continuous improvement.

 Clear Purpose and Objectives: For example, having a clear purpose such as 'to finalize the budget for the upcoming project' and well-defined objectives like 'to allocate resources efficiently' are crucial for a successful outlines topics, timeframes, and any necessary premeeting materials. On the other hand, participants should come prepared by reviewing the agenda, relevant documents, or background information. When everyone arrives with a clear understanding of the context and expectations, meetings become more productive and efficient.

• Engaged and Prepared Participants: Success hinges on the active participation of attendees. a realistic agenda with specific time allocations for each agenda item. Adhere to the schedule to demonstrate respect for participants' time commitments. If a topic needs further discussion, consider arranging a followup meeting to explore it in more detail without interrupting the current one. Remember that concise, focused meetings are frequently more efficient than extended, unfocused ones.

 Actionable Takeaways and Follow-Up: The true success of a meeting is measured by Incorporate these ingredients into your meeting management approach, to transform your meetings from time-consuming obligations into powerful tools that drive towards achieving goals.

Conclusion

Effective meeting management is crucial for successful leadership and productive organizations. By understanding important strategies and proven methods, leaders can create impactful meetings that promote teamwork, clear communication, and discussions focused on achieving goals.





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TELL US ABOUT YOUR BUSINESS & STAND A CHANCE TO GET ONE MONTH FREE ADVERTISEMENT!

> THIS IS YOUR CHANCE!

Every month, a small or medium business will be promoted on Money FM. The business will be chosen through a combination of public nominations and internal selection. The winning business will receive a month's worth of free advertising airtime on Money FM.

Rules and Regulations:

1. Eligibility:

- Must be a small business registered in Zambia.
- Must have been operating for at least six months.
- Cannot be a subsidiary or affiliate of a larger corporation.
- 2. Selection Process:
 - Selection will be based on factors such as:
 - Business story and impact on the community
 - Innovation and creativity
 - Customer satisfaction and reviews
 - Overall business viability

- 3. Advertising Airtime:
 - The winning business will receive a month's worth of free advertising airtime on Money FM.
 - The airtime will be used to create and broadcast radio commercials and live programs.
 - The winner will also be featured on our social media and digital publications including Money Daily.

The Money FM 'Zibiika SME' competition is a platform designed to showcase small businesses, to strengthen their connection with the community.



MONEYFM



BIG DEAL THIS NOVEMBER BLACK FRIDAY COMES EARLY

Bring your business now and get 50% off, let us help you get your business to the right customers.





BUSINESS & BOOKS



BOOK REVIEW: MAIN STREET MILLIONAIRE: HOW TO MAKE EXTRAORDINARY WEALTH BUYING ORDINARY BUSINESSES

Rich people know a secret. In this book, former Wall Street investor Codie Sanchez pulls back the curtain.

Most people look for wealth in all the wrong places. From dropshipping and startups to grinding for promotions, you might believe you have to trade your life to be one of the few who win. But the truly rich know these paths are paved with delusion and false promises.

In Main Street Millionaire, Codie Sanchez teaches you the path the wealthy really walk. Instead of risking it all with little chance of success, she shows you how to acquire cashflowing businesses that are winning right now.

Sanchez, one of the world's leading small business experts, reveals the dealmaking framework she's taught to tens of thousands, and that she's used to build her own 9-figure holding company. Her secret? She acquires overlooked "Main Street" businesses. We're talking about the unsexy but reliably profitable industries — like plumbing, construction, cleaning, electrical — that white collar workers have overlooked.

In this book, you'll see practical strategies and step by step processes to acquire cash flow and freedom. You'll meet humans just like you who have changed their life through ownership.

You will learn:

- Why today's market is ripe for generational wealth creation
- How to identify and close amazing business deals, without being wealthy
- How to 10x your growth after acquiring a small business
- The 7 businesses you should never buy, and why
- How to own multiple businesses at once (without losing your mind)

Conclusion

It's not for slackers. It's for those who want meaning and fulfillment while building their community. Codie's no-BS, out-of-the-box wisdom is the antidote to a complacent life of making other people rich. In summary: Your money, and meaning, is on Main Street.









ENTERTAINMENT DECEMBER 2024 RELEASES



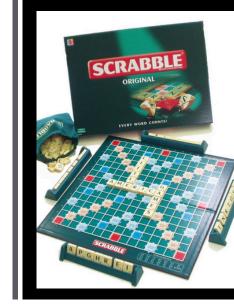
FROM ACADEMY AWARD' NOMINEE RACHEL MORRISON AND ACADEMY AWARD' WINNING WRITER BARRY JENKINS



RECOMMENDED GAME : SCRABBLE

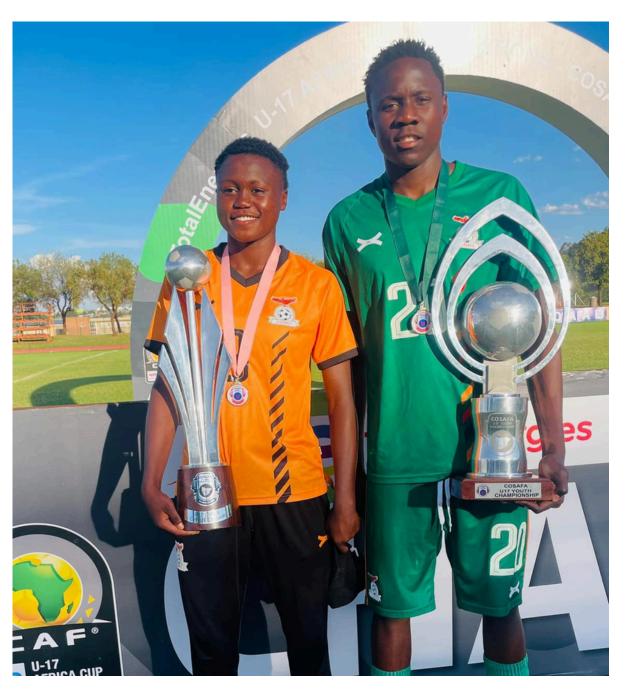
BASED ON THE INCREDIBLE TRUE STORY





Scrabble is a word game in which two to four players score points by placing tiles, each bearing a single letter, onto a game board divided into a 15×15 grid of squares. The tiles must form words that, in crossword fashion, read left to right in rows or downward in columns and are included in a standard dictionary or lexicon.

SPORTS ZAMBIA CLAIM DOUBLE IN BOYS & GIRLS COSAFA U17 CHAMPIONSHIPS



Zambia successfully defended the title they won in Malawi in 2022 by defeating Angola 2-1 to clinch the TotalEnergies CAF Under-17 Africa Cup of Nations | COSAFA Qualifier at the University of Johannesburg's Soweto Stadium on Friday.

Both teams had already booked their places in the continental finals set for Cote d'Ivoire next year, but the Zambian took home the bragging rights after making it a 'one-two' following earlier success in the 2024 COSAFA Under-17 Girls' Championship final when they beat Lesotho 15-0.

In the Girls competition, Zambia become the first two-time winners of the competition, repeating their 2021 success. Uganda (2019), Tanzania (2020) and South Africa (2022) are the other winners. The Under-17 girls win completes a hat-trick of trophies for the Zambian women's sides this year following that of the Under-20 girls and the senior women's teams this year. Chipasula deservedly won both the Player of the Tournament and Golden Boot for her 13 goals.

Compatriot Loveness Chingwele won the Golden Glove for best goalkeeper and Lesotho took home the Fair Play award.

in the Boys category, the speedy winger Mapalo Sumite claimed the Player of the Tournament accolade, while Abel Nyirango clinched the Golden Boot for his seven goals. For his exploits between the goalposts, Gelson Dala of Angola claimed the Golden Glove, while Angola were also awarded the Fair Play prize.

BANDA, MSSOUDY AND NNADOZIE, AFRICA WILL CROWN A NEW QUEEN

Who will take over from Nigeria legend Asisat Oshoala and become the 11th different winner of the CAF Women's Player of the Year Award, earning the crown of Queen of African football?

The answer will be revealed on Monday when the prestigious 2024 CAF Awards ceremony is held at the Palais des Congrès in Marrakech, Morocco from 19h00 local time. Mssoudy and Nigeria goalkeeper Chiamaka Nnadozie still in the running.

These three outstanding players shone throughout the year and in their own way have embodied the excellence and passion of African football.



After a rigorous voting process, the final three nominees for Women's Player of the Year can be revealed with Zambia striker Barbra Banda, Morocco forward Sanaâ **BARBRA BANDA** (ZAMBIA) Club: Orlando Pride, United States

SANAÂ MSSOUDY (MOROCCO) Club: AS FAR, Morocco

CHIAMAKA NNADOZIE (NIGERIA) Club: Paris FC, France